NAUTILUS

Incline Bench Press

The Nautilus Incline Bench Press delivers upper chest development with comfort, stability, and confidence. Its gas-assisted seat adjusts quickly to fit lifters of any size, while molded urethane bar holders and dual rack heights support smooth bar placement and spotting. The elevated platform and open frame design ensure optimal training flow and safety in high-use environments.



PRODUCT DIMENSIONS	
Width	59 in (150 cm)
Length	51 in (130 cm)
Height	59 in (150 cm)
Product Weight	185 lb (84 kg)
Shipping weight	210 lb (95 kg)
FEATURES, ADJUSTMENTS & MOVEMENTS	
Assisted adjustments	Gravity assisted positioning
Color coded pivot points and adjustments	Yes on all units
FRAME SPECIFICATIONS & CABLE INFORMATION	
Standard frame color options	60 Black
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Customizable upholstery options available	Yes with additional fees and extended lead times
Customizable branding options available	No
Bolt down locations defined	Yes, Sku dependent
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Animated lenticulars	No
Safety catch & stops	Yes, Sku dependent
Grip specifications	Integrated Grip and wheels
Contoured pads	Yes, contoured back pads on select machines with lumbar support
Restraint system	No

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9NP-B7203

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